

Psalm 23 with Hand Motions

The Lord is my shepherd (*point to self*)

I lack nothing (*stretch arms out wide.*)

He makes me lie down in green pastures. (*Put palms together at one side of face*)

He leads me beside quiet waters (*make wave with one hand*)

He refreshes my soul. (*make muscles*)

He guides me along the right paths (*Make path with hands*)

For his name's sake. (*Point up*)

Even though I walk through the darkest valley, (*Place hands over eyes.*)

I will fear not evil (*hug self*)

For you are with me (*point left and right*)

Your rod and your staff they comfort me. (*Cross arms in front of chest*)

You prepare a table before me in the presence of my enemies. (*pretend to eat*)

You anoint my head with oil (*Touch hand to head*)

My cup overflows (*cup hands*)

Surely goodness and love will follow me all the days of my life. (*Turn in circle*)

And I will dwell in the house of the Lord forever.

(*Lift arms up high.*)

Amen

